

Specials effective May 18-24



Boneless Sirloin Steaks

6.99 Lb.

What's for dinner, tonight? Check out our recipes online!



Certified Angus Beef
Boneless Rib Eye Steak

13.99 Lb.



St. Louis Style Pork Spare Ribs

2.99 Lb.



Butterflied Mini Lamb Leg

9.99 Lb.



Value Pack Fresh Chicken Drumsticks

99¢ Lb.



12-26 oz. Pkg. Oscar Mayer Original Sliced Bacon

7.99 Ea.

Delicious Deli - Great for Platters or the Best Sandwiches!



Charter Reserve

Golden Turkey Breast

8.99 Lb.

Sahlen's Smokehouse

97% Fat Free Ham

Original & Apple Honey Glaze..... **6.99** Lb.

Stella

Smoked Provolone..... **4.99** Lb.

Stella Whole

Whole Milk Mozzarella **4.99** Lb.

Margherita Genoa
& Hard Salami.....

7.99 Lb.

Margherita

Slicing Pepperoni..... **7.99** Lb.

Finlandia

Imported Swiss Cheese..... **7.99** Lb.

Russer

Wunderbar Bologna..... **3.99** Lb.

Fresh Baked Goodness



St. Pierre

**Brioche Hot Dog
& Hamburger
Buns**

4.99

Bakery Sliced Pound Cakes

All Varieties 14 oz..... **5.99**

In the Cheese Case



**Montchevre
Goat Cheese
Logs**

All Varieties 4 oz.

Buy 1 • Get 1

Free

BelGioioso Fresh
Mozzarella Logs

All Varieties 16 oz..... **6.99**

Esti

Hummus and Dips

All Varieties 8-10 oz..... **4.99**

A World of Flavor - you can Taste the Difference

Generations of Sicilian Olive Oil

The Barbera family has been obsessed with the fruits of their island since Lorenzo and Vincenzo Barbera first began working their farm near Palermo, Sicily, more than 130 years ago.

Barbera Organic Extra Virgin Olive Oil



Technically olive oil is a fruit juice! It is crushed like other fruits; oranges, lemons etc. Olives are fruit, and olive oil is that fruit's juice. Juice is never better than when it's fresh squeezed and drank right after production. The same goes for olive oil.

33.8

13.99



Ronzoni Assorted Pastas

12-16 oz.

99¢

Full Circle Organic Pasta Sauces

All Varieties 24 oz.

2.99



Don't forget dessert - there's always someone with a sweet tooth!



IGA Granulated Sugar

4 Lbs.

3.99

Duncan Hines Classic Cake Mix & Brownie Mix

Assorted Varieties 15.25-18.3 oz.

2/\$4



May 18-24

Pack the Perfect Picnic with these Great Deals

Heinz Ketchup & Simply Squeeze

31-38 oz.

3.99



B&M

Baked Beans

All Varieties 16 oz..... **4/\$5**

Sweet Baby Ray's BBQ Sauces

All Varieties 18 oz..... **3/\$5**

Ken's Salad Dressings

All Varieties 16 oz..... **2.99**

Hellmann's Mayonnaise

Assorted 15-30 oz..... **4.99**

Hellmann's Squeeze Mayonnaise

Assorted 11.5 oz..... **4.99**

Grey Poupon Dijon Mustards

All Varieties 8-10 oz..... **3.29**

Dixie Plates & Bowls

Assorted 18-50 ct **2.69**

Reynold's Aluminum Foil

Assorted 37.5-75 Sq. Ft..... **4.59**

Poland Spring Sparkling 8 Pack Water

All Varieties 135.2 oz **3.99**



Poland Spring 28 Pack Water

4 Free Bottles! 473.2 oz.

3.99

Make sure you have Plenty of Snacks & Beverages handy

Coke
12 Packs

All Varieties 96 oz.

6.99

2 Liter

All Varieties 67.6 oz.

2/\$4



Mi Niña
Organic
Tortilla
Chips
Blue & White 9 oz.

3.99



Keogh's
Imported
Irish Potato
Chips
All Varieties 4.4oz.

2.99



Frito Lay
Lay's
Potato Chips
All Varieties 7.75oz.

Buy 1 • Get 1
Free

Fever
Tree
Mixers

All Varieties
4 Pack 27.2 oz.



2/\$10

Nabisco Snack
Crackers

All Varieties 7.1-8.5 oz.... **3.69**

Spindrift Sparkling
8 Pack Waters

96 oz **6.99**

Planters Dry Roasted &
Cocktail Peanuts

All Varieties 16 oz..... **3.69**

Tate's Cookies

All Varieties 12 oz..... **2/\$10**

May 18-24

The Market is the place for people who love good food

Global Sourcing. Local Inspiration.

From the White Mountains to the Berkshires, from the rocky coasts of Maine to the harbors of Rhode Island, our coffees capture the timeless spirit of New England in every sip.

Downeast Coffee Roasters Ground Coffee

All Varieties 11-12 oz.

5.99



Ocean Spray Cranberry Juices
All Varieties 64 oz..... **2.99**

V-8 Vegetable Juices
All Varieties 46 oz..... **2.99**

Skippy Peanut Butter
All Varieties 15-16.3 oz.... **2/\$5**

GoGo Squeeze Apple Sauce
Assorted 12.8 oz..... **2.69**

Bear Naked Granola
All Varieties 11-12 oz..... **5.99**

Bonne Maman Preserves
Assorted 13 oz..... **2/\$10**

You'll really clean up with these specials...

All Liquid & Action Pacs Detergent
All Varieties 12.6-26 oz.... **6.99**

Palmolive Dish Soap
All Varieties 20 oz..... **2.99**

Excellent Values - it's Always a Good Way to Start your Day



DeeBee's Organic Super Fruit Freezie's
13.53 oz.

4.99



Thomas' 6 Pack English Muffins
All Varieties 12 oz.

Buy 1 • Get 1
Free

Always the very best Dairy for your family's meals

Land O Lakes Butter

All Varieties 16 oz.

3.99



Simply Orange

Orange Juice

All Varieties 52 oz..... **3.99**

Philly Cream Cheese

Bars

All Varieties 8 oz..... **2.99**

Farmer's Cow

Large Brown Eggs

Dozen..... **2.99**

Newman's Own Lemonades & Iced Teas

All Varieties 59 oz..... **2.99**

Sargento Shredded Cheeses

All Varieties 6-8 oz..... **2.99**

Breakstone's Sour Cream

All Varieties 16 oz..... **2/\$5**

...and when it's time for dessert - doesn't everyone love Ice Cream?



Turkey Hill Ice Cream

All Varieties 46 oz.

3.99

Ore Ida Potatoes

All Varieties 19-32 oz... **3.99**

Klondike Ice Cream Bars

All Varieties 16-27 oz... **4.69**

Outshine Fruit Bars

All Varieties 14.7-18 oz. **4.99**



We always have a great fresh produce selection!



USA

1 Lb. Container

Strawberries

or Pint Container

Blueberries

2.99

Ea.



USA - Whole

Seedless Watermelon

4.99

Ea.



Red, Orange or Yellow

Bell Peppers

2.99

Lb.



USA

Butter & Sugar Corn

6/3⁹⁹

Looking for menu ideas? Try one of our Salmon recipes online!

Fresh

Farm Raised Chilean Salmon Fillets

9.99

Lb.



Not responsible for typographical errors. We reserve the right to limit quantities